

VINAYAKA MISSIONS SIKKIM COLLEGE OF NURSING

ACTION PLAN FOR THE INTEGRATION OF MLHP SYLLABUS IN BSC.NURSING CIRRICULUM

Subject: Community health Nursing –II

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
I	Introduction <ul style="list-style-type: none"> • Definition, concepts & scope of Community Health Nursing • Historical development of <ul style="list-style-type: none"> ○ Community health ○ Community health Nursing <ul style="list-style-type: none"> - Pre-independence - Post-independence 	<u>4</u>	<u>4</u>	<ul style="list-style-type: none"> • Lesson plan • PPT
			2	
			2	

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
II	Health planning and policies and problems IPHS Guidelines. <u>(MLHP syllabus, topics to be reviewed)</u> <ul style="list-style-type: none"> • National health planning in India-Five Year Plans • Various committees and commissions on health and family welfare <ul style="list-style-type: none"> ○ Central council for health and family welfare (CCH and FW) ○ National health policies (1983, 2002) ○ National population policy ○ Health problems in India 	<u>6</u>	<u>8</u>	<ul style="list-style-type: none"> • Lesson plan • PPT
			1	
			1	
			1	
			1	
			1	
			2	

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
III	<p>Delivery of community health services</p> <ul style="list-style-type: none"> • Planning, budgeting and material management of SCs, PHC and CHC (MLHP topics to be reviewed) • Rural: Organization, staffing and functions of rural health services provided by government at: <ul style="list-style-type: none"> ○ Village ○ Sub centre ○ Primary health center ○ Community health center/ sub divisional Hospitals ○ District ○ State ○ Center • Urban: Organization, staffing and functions of urban health services provided by government at: <ul style="list-style-type: none"> ○ Slums ○ Dispensaries ○ Material and child health centers ○ Special Clinics ○ Hospitals ○ Corporation/ Municipality/ Board • Components of health services <ul style="list-style-type: none"> ○ Environmental sanitation ○ Health education ○ Vital statistics (MLHP Syllabus) (topic to be reviewed) ○ M.C.H. antenatal, natal, postnatal, MTP Act, female foeticide act, child adoption act Family welfare. ○ National health programmes ○ School health service ○ Occupational health ○ Defense services ○ Institutional services 	<u>15</u>	<u>22</u>	<ul style="list-style-type: none"> • Lesson plan • PPT
			2	
			1	
			1	
			3	
			1	
			2	
			1	
			2	
			1	
			1	

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
III	<ul style="list-style-type: none"> • Systems of medicine and health care ○ Allopathy ○ Indian system of medicine and Homeopathy ○ Alternative health care systems like yoga, meditation, social and spiritual healing etc. ○ Referral system 		2	<ul style="list-style-type: none"> • Lesson plan • PPT
	<p><u>MLHP SYLLABUS (can be incorporated in this unit)</u></p>		1	
	<ul style="list-style-type: none"> • Diagnosing and treatment skills essential at PHSC using standard treatment protocols as per national health programs. • Drug dispensing • Mother and child Tracking System • Organization of labour room • Safe child birth checklist • Postpartum visit by health workers • Transportation of baby and common accidents/ mishaps in labour room. 		4	

UNIT	Content / Topic	Theory/ Hours		Resource Materials
		INC	Planned	
IV	MLHP SYLLABUS (can be incorporated in this unit) <ul style="list-style-type: none"> • Social mobilization skills • Programme management including supervision and monitoring 		2	

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
V	Assisting individuals and groups to promote and maintain their health <ul style="list-style-type: none"> • Empowerment for self care of individuals, families and groups in <p>A. Assessment of Self and family</p> <ul style="list-style-type: none"> ○ Monitoring growth and development <ul style="list-style-type: none"> - Mile stones - Weight measurement - Social development ○ Temperature and Blood pressure monitoring ○ Menstrual cycle ○ Breast, self examination and testicles ○ Warning signs of various diseases ○ Tests: Urine for sugar and albumin, blood sugar <p>B. Seek health services for</p> <ul style="list-style-type: none"> ○ Routine checkup ○ Immunization ○ Counseling ○ Diagnosis ○ Treatment ○ Follow up <p>C. Maintenance of health records for self and family</p> <p>D. Continue medical care and follow up in community for various diseases and disabilities</p> <p>E. Carryout therapeutic procedures as prescribed/ required for self and family</p>	<u>15</u>	<u>16</u> 1 2 2 1 1 1	<ul style="list-style-type: none"> • Lesson plan • PPT

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
V	F. Waste Management <ul style="list-style-type: none"> ○ Collection and disposable of waste at home and community <p><u>MLHP topic to be reviewed included in this unit</u> Updated biomedical waste management by specifying biomedical waste management rules 2016</p>		2	<ul style="list-style-type: none"> • Lesson plan • PPT
	G. Sensitize and handle social issues affecting health and development for self and family <ul style="list-style-type: none"> • Women Empowerment • Women and child abuse <ul style="list-style-type: none"> ○ Abuse of elders ○ Female feticide ○ Commercial sex workers ○ Food adulteration ○ Substance abuse 		3	
	H. Utilize community resources for self and family <ul style="list-style-type: none"> ○ Trauma services ○ Old age homes ○ Orphanage ○ Homes for physically and mentally challenged individuals ○ Homes for destitute 		2	

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
VI	National health and family welfare programmes and the role of a nurse	<u>20</u>	<u>25</u>	<ul style="list-style-type: none"> • Lesson plan • PPT
	1. National ARI programme		1	
	2. Revised National tuberculosis control programme (RNTCP)			
	3. National Anti- Malaria programme		1	
	4. National Filaria control programme			
	5. National Guinea worm eradication programme		1	
	6. National Leprosy eradication programme			
	7. National AIDS control programme		1	
	8. STD control programme		1	
	9. National Programme for Control of blindness			
	10. Iodine deficiency disorder programme		1	
	11. Expanded programme on immunization		1	
	12. National Family welfare Programme – RCH programme		1	
	13. National water supply and sanitation programme		1	
	14. Minimum Need programme			
	15. National diabetics control programme		1	
	16. Polio eradication: pulse polio programme			
	17. National cancer control programme			
	18. Yaws eradication programme		1	
	19. National Nutritional Anemia Prophylaxis programme		1	
	20. 20 point programme			
	21. ICDS programme		1	
	22. Mid day meal applied nutritional programme		1	
23. National mental health programme (MLHP topics to be reviewed)	2			
-Health Schemes				
- ESI	2			
-CGHS				
-Health insurance				
MLHP SYLLABUS (can be incorporated in this unit)	5			
• Roles and responsibilities of MLHP				
• AYUSHMAN BHARAT				
• New National health programmes				
• Chikungunya				
• Introduction of RBSK				

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
VII	<p>Health Agencies International</p> <p>– WHO, UNFPA, UNDP, World Bank, FAO, UNICERF, DANIDA, European, Commission (EC), Red Cross, USAID, UNESCO, Colombo plan, ILO and CARE etc.</p> <p>National – Indian Red Cross, Indian Council for child welfare, Family planning Association of India (FPAI), Tuberculosis Association of India, Hindu Kusht Nivaran Sangh, Central Social Welfare Board, All India Women’s Conference, Blind Association of India etc</p>	<u>5</u>	<u>6</u> 3 3	<ul style="list-style-type: none"> • Lesson plan • PPT

Total hours for Community healthy nursing-II

	INC Prescribed	Planned
Theory	90	108
Total	90	108

Community health Nursing -I

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
I	Introduction <ul style="list-style-type: none"> • Community health nursing • Definition, concept and dimensions of health • Promotion of health • Maintenance of health 	<u>4</u>	<u>4</u> 2 1 1	<ul style="list-style-type: none"> • Lesson plan • PPT

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
II	Determinants of health <ul style="list-style-type: none"> • Eugenics • Environment: <ul style="list-style-type: none"> ○ Physical: Air, light, Ventilation, water, Housing Sanitation; disposal of waste, disposal of dead bodies, Forestation, Noise, Climate, Communication; Infrastructure facilities and Linkages ○ Acts regulating the Environment: National Pollution Control board ○ Bacterial & Viral: Agents, host carriers and immunity Arthropods and Rodents ○ Arthropods and Rodent <p>Food hygiene: Production, preservation, purchase, preparation, consumption *(Food borne diseases MLHP topics can be updated further under this unit) Acts Regulating Food Hygiene</p> <ul style="list-style-type: none"> • Prevention of food adulteration acts, Drugs and cosmetic act. Socio-Cultural <ul style="list-style-type: none"> • Customs, taboos • Marriage System • Family Structure 	<u>20</u>	<u>24</u> 2 11 2 3	<ul style="list-style-type: none"> • Lesson plan • PPT

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
III	Epidemiology	<u>10</u>	<u>12</u>	<ul style="list-style-type: none"> • Lesson plan • PPT
	<ul style="list-style-type: none"> • Definition ,concept, Aims, scope uses and Terminology used in epidemiology • Dynamics of Disease Epidemiological triad • Morbidity and mortality: Measurements • Levels of Prevention • Methods of epidemiology of Descriptive Analytical: Epidemic investigations Experimental 			
	MLHP SYLLABUS (can be incorporated in this unit) <ul style="list-style-type: none"> • Time trends in disease occurrence in epidemiology. • Investigations of an outbreak. • Integrated disease surveillance project. 		2	

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
IV	Epidemiology and nursing management of common Communicable Diseases	<u>25</u>	<u>28</u>	<ul style="list-style-type: none"> • Lesson plan • PPT
	❖ Respiratory infection		5	
	• Small Pox			
	• Chicken Pox			
	• Measles			
	• Influenza			
	• Rubella			
	• ARI's & Pneumonia Mumps			
	• Diphtheria			
	• Whooping cough			
	• Meningococcal meningitis			
	• Tuberculosis			
	• SARS			
❖ Intestinal Infections	5			
• Poliomyelitis				
• Viral Hepatitis				
• Cholera				
• Diarrhoeal diseases				
• Typhoid				
• Fever				
• Food poisoning				
• Amoebiasis				
• Hookworm Infection				
• Ascariasis				
• Dracunculiasis				
❖ Arthropod infections	5			
• Dengue				
• Malaria				
• Filariasis				
• Zoonose				

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
IV	Viral <ul style="list-style-type: none"> • Rabies • Yellow fever • Japanese encephalitis • Kyasnur Forest Diseases <ul style="list-style-type: none"> • Bacterial <ul style="list-style-type: none"> • Brucellosis • Plague • Human Salmonellosis • Anthrax • Leptospirosis • Rickettsial diseases <ul style="list-style-type: none"> • Rickettsial Zoonoses • Scrub typhus • Murine typhus • Tick typhus • Q fever • Parasitic zoonoses <ul style="list-style-type: none"> • Taeniasis • Hydatid disease • Leishmaniasis • Surface infection <ul style="list-style-type: none"> • Trachoma • Tetanus • Leprosy • STD & RTI • Yaws • HIV/AIDS • Any other 		13	<ul style="list-style-type: none"> • Lesson plan • PPT

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
V	Epidemiology and nursing management of Non-communicable diseases <ul style="list-style-type: none"> • Malnutrition: under nutrition, over nutrition, nutritional deficiencies • Anemia • Hypertension • Stroke • Rheumatic Heart Diseases • Coronary Heart Diseases • Cancer • Diabetes mellitus • Blindness • Accidents • Mental illness • Obesity • Iodine Deficiency • Fluorosis • Epilepsy • Asthma • Arthritis 	<u>10</u>	<u>12</u>	<ul style="list-style-type: none"> • Lesson plan • PPT
			1	
			1	
			1	
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			1	
			1	
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			1	
			1	
			1	
			1	

Unit	Content / Topic	Theory/ Hours		Faculty
		INC	Planned	
VI	Demography <ul style="list-style-type: none"> • Definition, concept and scope • Methods of data collection, analysis and interpretation of demographic data • Demographic rates and ratios 	<u>10</u>	<u>10</u>	<ul style="list-style-type: none"> • Ms Reena Thapa
			2	
			5	
			3	

Unit	Content / Topic	Theory/ Hours		Resource Material
		INC	Planned	
VII	<p>Population and its control</p> <ul style="list-style-type: none"> Population explosion, its impact on social, economic development of individual, society and country Population control: <p>Overall development: women empowerment, social, economic and educational development</p> <ul style="list-style-type: none"> Limiting family size: Promotion of small family norms Methods: spacing (natural, biological, chemical, mechanical, etc) Terminal: surgical methods Emergency contraception <p>MLHP topics can be reviewed in this unit</p> <ul style="list-style-type: none"> Family planning 2020 National family planning programmes 	<u>17</u>	<u>20</u> 5 5 7 3	<ul style="list-style-type: none"> Lesson plan PPT

Total hours for Community healthy nursing-I

	INC Prescribed	Planned
Theory	90	110

Total hours allotted for MLHP in theory

	Prescribed	Planned
Theory	17hours	25hours

Signature of subject Co-ordinator

ACTION PLAN FOR PRACTICAL EXPOSURE

SL.NO	Topics to be incorporated	HOURS	OBJECTIVES
1.	Ayushman bharat	3	<ul style="list-style-type: none"> visit to SC-HWC during the internship understand functionaries of SC-HWC using checklist
2.	Standard treatment Protocols at SC	2	<ul style="list-style-type: none"> understand the diagnostics at SC-HWC
3.	RBSK	2	<ul style="list-style-type: none"> Health screening of the child for any birth defects
4.	Social Mobilization skills	3	<ul style="list-style-type: none"> Understand the concept of social mobilization.
5.	Drug Dispensing	3	<ul style="list-style-type: none"> Understand about prescribing, dispensing and administering of drugs
6.	Investigation of outbreak	2	<ul style="list-style-type: none"> Identify the cause, source(s) of infection, and modes of transmission to determine measures necessary to control the epidemic.
7.	MCTS	1	<ul style="list-style-type: none"> Hands on experience on ANMOL tablets during visit to SC
8.	Organization of labour room	3	<ul style="list-style-type: none"> Skill demonstration Orientation in skill lab during labour room visit
9.	Safe childbirth checklist	2	<ul style="list-style-type: none"> Skill demonstration / orientation in during labour room visits.
10.	Post partum visit by health workers	2	<ul style="list-style-type: none"> Postpartum visit along with SBA during internship.
11.	National Family planning Programme	2	<ul style="list-style-type: none"> Organizing family planning clinics, Counselling using GATHER approach and insertion of IUCD
<p>Total hours = 25 hours will be incorporated in B.Sc. curriculum along with existing hours prescribed by INC.</p>			